



# The Wesleyan Star

## West Grove United Methodist Church

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## JUNE 2014



## Farewell from our Pastor

*"To all of God's holy people (at West Grove UMC), who belong to Christ Jesus. May God our Father and the Lord Jesus Christ give you grace and peace. Every time I think of you, I give thanks to my God. Whenever I pray, I make my requests for all of you with joy, for you have been my partners in spreading the Good News about Christ from the time you first heard it until now. And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns. So it is right that I should feel as I do about all of you, for you have a special place in my heart." (Philippians 1)*

I give thanks to God for giving me the opportunity to serve a community of faith, West Grove UMC. It has been my honor and privilege to serve as the lead pastor of West Grove UMC. It was such a short time, but I enjoyed every single moment of ministry here at West Grove UMC.

While I have been abundantly blessed in our ministry at West Grove UMC, God now calls me to serve in a different capacity, as the Superintendent of Southwest District. As the Apostle Paul says in his letter to the faith community in Philippi, *"I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns."* It will be very hard for me and for my family to say good-bye, but I leave knowing that West Grove UMC is a wonderful and love filled congregation with faith and gifts beyond measure. You are my brothers and sisters and you are my family. I give thanks to God for giving me such good family members. Even though I leave to serve Southwest District churches, you will be my family members forever. May God bless and guide you as you move forward on a Spirit-filled journey, with a new shepherd to guide you.

In Christ,

Pastor Bumkoo (BK) Chung



# May Worship at West Grove UMC



Please join us in our worship service to be blessed by the Word of God.

## Seventh Sunday in Easter—June 1 Sunday Morning Servants Recognition

**J.A.M. Kids presentation**

**Baptism Sunday**

*\*Emergency Food Pantry Collection Day is on the first Sunday of each month*

**Scripture:** 1 Corinthians 13:4-7

## Pentecost Sunday—June 8

**Communion Sunday**

**Scripture:** 1 Peter 1:3-9

*Pastor Bk's Last Sunday*

## First Sunday after Pentecost—June 15

**Graduation Sunday & Father's Day**

*Rev. Jim Mundell Preaching*

**Scripture:** Luke 15:11-32 (NIV)

**Sermon:** "The Parable of the Forgiving Father"

## Second Sunday after Pentecost—June 22

*Jamie Lindtner Preaching*

## Third Sunday after Pentecost—June 29

**Fifth Sunday Coin Collection**

*Rev. Monica Gupet's First Sunday*



## Summer Worship Begins Sunday, June 8 at 9:30 a.m.

**The last day for Sunday  
School is June 1.**

For Summer 2014, we will once again have a blended worship service with both traditional and contemporary elements. The single service will run through September 7, with a return to our normally scheduled 8:30 a.m. Service, J.A.M. and Adult Sunday School Classes and 11:00 a.m. service on September 14.



Dear Fellow Members of WGUMC,

On behalf to the SPRC and the congregation of West Grove United Methodist Church, I am writing to bid a farewell to Pastor Bk and his family, Debra and Kayla. We have been blessed by his loving, spiritual guidance and pastoral care the past 3 years. He will be missed. At the same time, we are proud of his appointment as District Superintendent of the Southwest District.

We look forward to saying goodbye to him more personally at the Congregational Strawberry Festival June 8th following our 9:30 service and hope everyone can attend.

Many thanks to Bk for his years of loving service to us.

Cindy Hoover,  
SPRC Chairperson



# **EIGHTH ANNUAL STRAWBERRY CELEBRATION SUNDAY, JUNE 8**

**Join us on Sunday, June 8<sup>th</sup>, for our Eighth Annual Strawberry Picnic. The picnic will be on the church grounds after our first blended 9:30 a.m. service .**

**Fun and fellowship for all ages!  
Activities for the children and adults.**

**Bring your lawn chairs!  
Hamburgers, hot dogs, ice cream and, of course,  
strawberries will be provided!  
Rain or Shine!**



## **PASTOR BK FAREWELL**

**This year our picnic will celebrate not only the beginning of the summer, but also the ministry of Pastor BK as he and his family leave us to begin Pastor BK's new appointment as District Superintendant of the Southwest District.**

**The picnic will give us an opportunity to honor him and share with him what his time at WGUMC has meant to all of us.**

**Bring your families for a wonderful celebration full of joy as we send Pastor BK, Debra, Kayla and Pastor BK's parents, Yong Ki, and Hong Ja Lee, off to their new ministry.**

**There will be sign-up sheets in the lobby for things that will be needed to make this event the very best ever!**

# Preparing for Our Pastoral Transition

PAGE 4

Adapted from "Ways to Welcome Your Pastor" prepared by Robert Crossman

## **Prepare to welcome our new pastor, Pastor Monica Guepet.**

1. Open your hearts and decide that you are going to love Pastor Monica.
2. Begin praying daily for Pastor Monica, her husband, Steve, and two daughters, Alisabeth (5) and Felicity ( 2 1/2) years old, even as you continue to pray for Pastor BK and his family.
3. Know that welcoming Pastor Monica in genuine and effective ways lays the groundwork for a healthy and vital relationship and the development of stable, long-term ministries together.

## **Say goodbye to Pastor BK in a healthy way.**

4. Show love, respect, and even grief, for your departing pastor. This is one of the best things you can do for the new pastor.
5. Find appropriate occasions to thank Pastor BK.

## **Continue to welcome Pastor Monica in the first few weeks.**

10. Give a gift certificate to several of your favorite restaurants in the community.
11. Invite Pastor Monica to any social event held by Sunday school classes or other groups in the early months.
12. Make sure Pastor Monica's husband, Steve, is invited to Sunday School and other appropriate small groups.
13. Continue to remember Pastor Monica and her family in your daily prayers.

## **Help Pastor Monica become familiar with the congregation.**

14. Introduce yourself Pastor Monica repeatedly! You have one name to learn, she has many names to learn.
15. Wear your name tags!
16. Attend one of the cottage fellowship small-group gatherings with Pastor Monica during August. Look for more information in July.

## **Help Pastor Monica connect to the community.**

17. Introduce Pastor Monica to public and community leaders. If you know any of our Avon Grove public officials or group leaders, take Pastor Monica to meet them.
18. If you are in a civic club, take Pastor Monica to one of your meetings.



## West Grove United Methodist Church

OPEN • GROW • SERVE

June , 2014

Dear Brothers and Sisters in Christ,

Grace and Peace to You from God, Our Creator, Jesus Christ, Our Lord, and the Holy Spirit! I know that many prayers have gone before our time of ministry together. You have been in prayer and preparation since you first heard of Pastor BK's transition to become the Southwest district superintendent. Bishop Peggy Johnson, District Superintendent H. Joe Tyson, and the remainder of the cabinet have been in prayer as they matched our gifts, graces, and needs. I have also been in prayer for discernment and preparation. I invite you to remain in a season of prayer as together we seek how God would have us be in ministry together.

If you are like me, you probably have some mixed emotions right now, as you say good-bye to Pastor BK and his family, and prepare to welcome a new pastor and family. I know there has been great love and ministry that has happened between a well-loved congregation and a well-loved pastor and family. I, too, am sad to be saying good-bye to a church, community, and to people who have become a part of my heart over the last three years. My family and I are packing and preparing for our time of ministry with you at West Grove UMC and the community as well. My husband, Steve is a chemical engineer. We have two daughters, Alisabeth who is 7 ½ years old and eager to start second grade at Penn London Elementary this year, and Felicity, who is 3 years old and eager to begin preschool with Children's Morning Out preschool.

But I hope that you, like me, are also excited about what the future holds. As God said to the prophet Isaiah, "Do not cling to events of the past or dwell on what happened long ago. Watch for the new thing I am going to do. It is happening already – you can see it now!" (Isaiah 43: 18-19a) Those are encouraging words for us as we prepare for all of the challenges of transition: meeting new people, learning new customs, discovering a new community. And I am also encouraged by the warm welcome I have already received from the Staff-Parish Relations Committee and others who have reached out to me. I am excited by what I have heard about West Grove: your love and care for one another, your invitational and hospitable spirit, your commitment to missions, outreach and the wider community, and so much more. We are eager to begin our ministry with you and to get to know each one of you as we worship, pray, serve, and seek God together.

In God's love,  
Pastor Monica





## Welcome Pastor Monica Guepet

Please join us as we welcome Pastor Monica on her first Sunday on June 29. We will also be welcoming her husband, Steve and their two daughters, Alisabeth (5) and Felicity (2 1/2) years old.

We hope to see everyone there. Please be sure to introduce yourself and welcome her as only we at West Grove UMC can do!

As part of welcoming Pastor Monica to West Grove UMC, the Staff Parish Relations Committee will host a number of meet and greets known as Cottage Fellowships. These small gatherings are held at various members homes and allow for a less formal time for you to get to know Pastor Monica and for her to know you as well.

The Cottage Fellowships will begin in late summer. Look for more information about these gatherings in your July newsletter and bulletins.

### Let not your heart be troubled

Let not your heart be troubled,  
Give your worries and cares to Me.  
I am your Heavenly Father  
Who suffered and died for thee.  
There are times throughout your  
Earthly life  
When you are filled with doubts and  
fear.  
Always come to Me in prayer  
And know that I am near.  
The love I have for you, dear child,  
Can never be bought or measured.  
It's a gift I freely give to you.  
It is My most precious treasure.  
When sorrow or pain come your way  
And life seems to be unfair,  
Let not your heart be troubled...  
Just come to Me in prayer.

Poet: Shirley Hile Powell

Found on daily devotional "God's Minute"

The first celebration of Father's Day is thought to have been in July 1908, in Fairmont, West Virginia. Grace Golden Clayton suggested the special observance to her pastor after a deadly explosion in a nearby town killed 361 men.



## Father's Day

Soon after, Sonora Smart Dodd of Spokane, Washington, wanted to show her gratitude to her father, who'd cared for the family after his wife died. Dodd asked her pastor to choose a June Sunday to honor all fathers, and he selected June 19, 1910.

In 1924, President Coolidge suggested that Father's Day become a national holiday. In 1966, President Johnson designated the third Sunday of June to be Father's Day. Six years later, President Nixon instituted Father's Day as a national observance.

NewsletterNewsletter, June 2008

## 5th Sunday Loose Change Collection



**On Sunday, June 29,** we will support our Covenant Missionary with our loose change coin collection.

Mrs. Ngoy and Rev. Uмба Kalangwa are building a church in Tanzania: Morogoro First United Methodist Church. If you would like to contact them to send them your words of support and prayers, you can email them at [ukalangwa@umcmmission.org](mailto:ukalangwa@umcmmission.org) or [nkalangwa@umcmmission.org](mailto:nkalangwa@umcmmission.org)

In the months that have a fifth Sunday, the Missions Team designates a specific recipient of the donations collected. Thank you for your support!



# JAM Jesus

# And Me

# Celebration

# and

# Sunday Morning Servants Recognition Sunday, June 1

We have been having a GREAT year! We encourage you all to finish the race strong and keep coming to JAM even when activities get crazy! We are in the home stretch and hope to end the year with a wonderful turnout and celebration! The JAM children are excited to share songs they have learned and will perform them at both services. We will also recognize and thank all of our devoted and faithful Sunday Morning volunteers. Without their dedication and selflessness, we would not be able to provide the excellent Sunday programs and services. So, please be sure to come on June 1 for some music, games, bible fun and to thank our wonderful volunteers!!



# Graduate Recognition

# Sunday, June 15 at 9:30a.m.

If you are a high school or college graduate, or if you have one in your family, please call the Church Office at 610-869-9334, so that we may recognize your accomplishment at this service.



## Coffee Fellowship on Sunday, June 29

## is hosted by Men's Sunday School Class

Due to the increase in food allergies among the general population as well as our own congregants, we request that any items brought for the fellowship hour have a note attached if they contain nuts (including coconuts).

Thank you.



## J.U.L.I.E.T.

**JULIET...Just us Ladies Interested in Eating Together**

**June 13 at 9:00 a.m.**

Please join this group of ladies for a breakfast time of food, fun and fellowship. **Until further notice, we will meet at Sunrise Café, 127 E. State Street, Kennett Square, PA 19348** They have free parking in the parking garage on Saturdays. Questions? Call Margee Michaels or Chris Curtiss.



Look who joined us for breakfast! why don't you!!!



## THE COMMUNITY CAFÉ

### Our church's free meal ministry

**Tuesday, June 24**

**11:30 a.m.-1:00 p.m.**

**Everyone is welcome!** Please see the sign-up sheet in the lobby where you can choose how to help: donating your time to serve a meal to friends in our community, wash dishes, help to set up or clean up, or donate a needed food item for the day's fare.

All are invited to join us for a healthy, delicious meal homemade meal. Reservations are suggested by calling the church office at 610-869-9334, but are not required. (Arrangements can be made to deliver meals to shut-ins.) Walk-ins are welcome.

**The June meal will be the last one until fall on October 28, so don't miss it!**



THANK YOU  
VERY MUCH

On behalf of every woman who has studied God's Word at Southern Chester County Community Bible Study, **THANK YOU!** Because of your willingness to host this Bible study on Thursdays for the last ten years, women and children in this community have been blessed! We have studied and learned together, fellowshiped together, prayed together, and grown together as disciples of Christ. Your support of our mission is greatly appreciated and we have enjoyed our partnership very much. A special thanks to Donna and Helen for all of

their answers to our many questions/needs on a Thursday morning - always with a smile!

We know that your CMO program reaches many families in this community and we are excited that this ministry has grown to five days. We will continue to pray that the CMO, and your other ministries, will continue to spread God's love in the West Grove area and beyond.

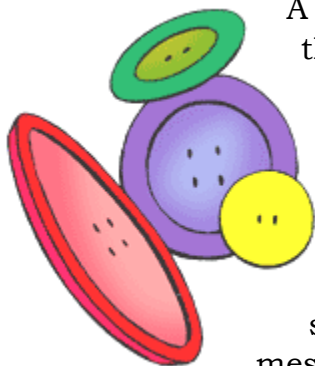
Southern Chester County CBS has a strong foundation in this community because of your support. We will continue to meet on Thursday mornings in another local church. If you are interested in joining us, please see our website at [SouthernChesterCounty.cbsclass.org](http://SouthernChesterCounty.cbsclass.org).

In Christ, Lynne Luetngen, Teaching Director, SCC CBS



Thank You

## Thank You to our KnitWits!



A special "Thank You" goes to the Knit Wits for their hard work in creating all the beautiful Mother's Day gifts. This year they presented the women in our church with hand crocheted bracelets

sporting little buttons. The message was "Mothers are like

buttons that hold everything together." Their time and dedication to help make Mother's Day special for all the women in our congregation is greatly appreciated!



Dear Church Family,

God and YOU have gotten me this far in my recovery from back surgery and the dreaded shingles. Your prayers, cards, meals, calls and visits have meant so much and have strengthened me!

Thank you so much!

May God bless each of you!

In Christ's love,

Jeannie Sullivan

# CMO'S LABELS FOR EDUCATION PROGRAM!



The WGUMC Children's Morning Out and Preschool program is collecting "Labels for Education" to help support the CMO and Preschool program. This is a very simple way to help us earn free classroom supplies. If you are willing to help, all you have to do is clip the UPC's/Education label on over 2,500 products and place them in the box outside the kitchen labeled "Labels for Education" and we will do the rest!

## Children's Morning Out



Our CMO and Preschool program is closed for the summer, but our staff continues to be busy thinking about next school year. The summer always goes by so quickly and we will be back in school before we know it.



One of the wonderful aspects of our program is that we are able to help children who might not otherwise be able to attend by providing them scholarships to our program. I would love to continue this outreach to our community. If you are looking for a way to support our Church and CMO and Preschool program, please think about making a donation to our scholarship fund. The donation can be placed in the Sunday collections and please be sure to indicate that it is for the **CMO Scholarship fund**. I am so happy to be able to help these children.



Another great way to help out our program is by collecting "labels for education". This is a free program that we have started and it is so simple. All you need to do is cut the UPC code off of participating labels and drop them in our **Labels for Education box**, located by our CMO and Preschool bulletin board. We will do the rest! This program will allow us to get much needed classroom supplies for free, by simply turning in these labels.

As always, thank you so much for your support of our CMO and Preschool program. I hope you have a wonderful summer!! Tracy McLaughlin, CMO Director

# C.I.A. Youth Ministry News

## June News Worthy



### Youth Ministry Dates

**Middle School and High School Combined Youth Group - Sunday, June 1.** We will watch the *God Is Not Dead* movie (Time to be determined)

**Middle School Youth Group - Friday, June 6, 7:00 -8:30 P.M.**

**High School Youth Group - Friday, June 13, 7:00 -8:30 P.M.**

**Friday Night DodgeBall - Friday, June 27, 7 - 9:00 p.m.** Bring \$2 for pizza and invite your friends!



### Washington DC Summer Youth Mission Trip July 6 - 12

For 7<sup>th</sup> - 12<sup>th</sup> graders. Spots are still available. See Jamie for more information.

### D.C. Mission Team Meetings:

We will meet together as a mission team to prepare for our trip to DC. We'll do some bible study, as well as hear more about what we will be doing while in DC.

**Thursdays, June 5, June 12, and June 26  
7:00 p.m.-8:30 p.m.**

### 3<sup>rd</sup> Annual West Grove Project - August 5-6

If you want to be a part of this community outreach mission project, please let Jamie know. More information will be in your July/August newsletter.

### Youth Pool Party Sunday, June 22



**Check your bulletins for  
announcement of the time and  
place!**

If you have a pool and would be willing to host a pool party this summer for the youth group, let Jamie know. We'll bring the food; you provide the pool. :)

### Graceful Girls

Our group will take a summer vacation!



After a year of grief, I've learned a lot. I've also made some mistakes along the way. Today, I jotted down 15 things I wish I'd known about grief when I started my own process. I pass this onto anyone on the journey.

## 15 Things I Wish I'd Known About Grief

by Teryn O'Brien



**1. You will feel the world has ended.** I promise, it hasn't. Life will go on, slowly. A new normal will come, slowly.

**2. No matter how bad a day feels, it is only a day.** When you go to sleep crying, you will wake up to a new day.

**3. Grief comes in waves.** You might be okay one hour, not okay the next. Okay one day, not okay the next day. Okay one month, not okay the next. Learn to go with the flow of what your heart and mind are feeling.

**4. It's okay to cry.** Do it often. But it's okay to laugh, too. Don't feel guilty for feeling positive emotions even when dealing with loss.

**5. Take care of yourself, even if you don't feel like it.** Eat healthily. Work out. Do the things you love. Remember that you are still living.

**6. Don't shut people out.** Don't cut yourself off from relationships. You will hurt yourself and others.

**7. No one will respond perfectly to your grief.** People—even people you love—will let you down. Friends you thought would be there won't be there, and people you hardly know will reach out. Be prepared to give others grace. Be prepared to work through hurt and forgiveness at others' reactions.

**8. God will be there for you perfectly.** He will never, ever let you down. He will let you scream, cry, and question. Throw all your emotions at Him. He is near to the brokenhearted.

**9. Take time to truly remember the person you lost.** Write about him or her, go back to all your memories with them, truly soak in all the good times you had with that person. It will help.

**10. Facing the grief is better than running.** Don't hide from the pain. If you do, it will fester and grow and consume you.

**11. You will ask "Why?" more times than you thought possible, but you may never get an answer.** What helps is asking, "How? How can I live life more fully to honor my loved one? How can I love better, how can I embrace others, how can I change and grow because of this?"

**12. You will try to escape grief by getting too busy, busy, busy.** You will think that if you don't think about it, it'll just go away. This isn't really true. Take time to process and heal.

**13. Liquor, sex, drugs, hobbies, work, relationships, etc., will not take the pain away.** If you are using anything to try and numb the pain, it will make things worse in the long run. Seek help if you're dealing with the sorrow in unhealthy ways.

**14. It's okay to ask for help.** It's okay to need people. It's okay, it's okay, it's okay.

**15. Grief can be beautiful and deep and profound.** Don't be afraid of it. Walk alongside it. You may be surprised at what grief can teach you.



Give thanks. Give life.

May 21, 2014

Dear Brothers and Sisters in Christ,

In the words of the Apostle Paul, "I appeal to you by the mercies of God" on behalf of a young man in our area who needs a new kidney. Fernando Tena is the son of Maira Tena, our Nursery attendant and a Children's Morning Out Teacher's Assistant. Might the Spirit lead someone in your church to step forward to be an organ donor? It is my hope that you will

communicate this urgent request to your family and friends through as many means as possible. This young twenty-year-old is a man of great determination. He is a graduate of Avon Grove High School. Presently, he works, attends a community college, and goes for dialysis three days a week. However, as you know, without a new kidney his health will eventually deteriorate to the point that regardless of his determination, his dreams will not be met. I recently heard of a similar story and appeal in a different area of the country that had a delightful ending. It can happen here. Someone's heart may be touched and this young man will have a new lease on life. The donor must have A positive blood type. Please have any interested person call the office of West Grove United Methodist Church at 610-869-9334 and leave necessary contact information.

In the Love of Jesus,

Mel Leaman



## **THE WEST GROVE UMC** **ENDOWMENT FUND**

The West Grove UMC Endowment Fund is funded by bequests, memorials and gifts made to the fund. Contribute to the fund by a check made out to **"West Grove UMC – Endowment Fund"** and send it to the church or drop it in the offering plate. Bequests or memorials may be designated for the Endowment Fund. Please direct your questions to Pastor Jim Mundell.

# A WORD COLLAGE FOR *Dad*

Create this artwork to express your love and appreciation for your dad or another special man this Father's Day.



## What you need:

- A white painting canvas, foam-core board or poster board
- Letter stickers (or foam letters and glue)

## What you do:

1. Using the letters, spell out words that describe your dad's character (loving, honest, godly, etc.) and/or his titles (protector, provider, mentor, etc.).
2. Arrange words in a crossword style, both horizontally and vertically.
3. When you have a design you like, stick the words onto the blank canvas or board.
4. Present the gift to your dad or another special man on Father's Day. He'll enjoy this reminder of your love and appreciation.



# A FATHER'S LOVE

Psalm 103:13 (NIV) describes what God the Father feels toward us:

"As a father has \_\_\_\_\_ on his children, so the LORD has \_\_\_\_\_ on those who fear him."

**Directions:** Match the biblical children to their father, using the clues by the father's name. Then write the corresponding letter on the line to complete the Bible verse above.

- |                             |                         |   |
|-----------------------------|-------------------------|---|
| • Shem, Ham and Japheth = M | • Rachel and Leah = S   | • Cain, Abel and Seth = O   |
| • Solomon = O               | • Isaac and Ishmael = P | • Reuben, Simeon, Levi, Judah, Issachar, Zebulun, Joseph, Benjamin, Dan, Gad, Naphtali, Asher and Dinah = S |
| • Jonathan = I              | • John the Baptist = N  |   |
| • Jesus = C                 | • Jacob and Esau = A    |   |

- |                   |  |          |
|-------------------|--|----------|
| <b>God:</b>       | "This is my Son, whom I love; with him I am well pleased."   | <u>C</u> |
| <b>Adam:</b>      | God gave him another son because his older killed the younger.   | _____    |
| <b>Noah:</b>      | His sons were blessed and told to multiply and replenish the earth.  | _____    |
| <b>Abraham:</b>   | God promised he would be a father of many nations. The Jews and Arabs descended from these two sons.               | _____    |
| <b>Isaac:</b>     | His older son sold his birthright, and his younger son tricked Isaac and received the blessings for the firstborn. | _____    |
| <b>Laban:</b>     | He had two daughters; the older was tender-eyed and the younger very beautiful. Both married Jacob.                | _____    |
| <b>Jacob:</b>     | Two wives and two handmaids gave him 12 sons and a daughter.   | _____    |
| <b>Saul:</b>      | His son was David's best friend.   | _____    |
| <b>David:</b>     | He had many children, but one was known for his wisdom, for having many wives and for building God's temple.       | _____    |
| <b>Zechariah:</b> | His son, a cousin to Jesus, was born to be a messenger of repentance.  | _____    |

Answer: compassion



looks like on the right side!"

A little girl who'd grown up in the city spent some of her summer vacation out in the country. One starlit night, she and her dad stood gazing up into the sky without any harsh streetlights obstructing the view.

The girl, amazed by the sparkling view, exclaimed, "If heaven is so pretty on the wrong side, I wonder what it



**Take a wild ride  
On the Weird side when  
you join us for VBS  
July 14-18!**

## **Weird Animals: Where Jesus' Love Is One-of-a-Kind**

Take a Peek at the Unique!

God filled the world with a lot of crazy creatures...including you! When kids feel weird, different, or even lost in a crowd—nothing compares to the extraordinary love of Jesus. That is what they will learn at VBS through catchy songs, teamwork-building games, yummy treats, cool Bible adventures, and unique crafts.

**Snack Donation sheets will be in the lobby.** Please sign up to donate the items needed to make our weird and wonderful VBS snacks!

**Some other items that we could use for decorating include:**

- Bright colored tissue paper
- cardboard
- pool noodles
- bright colored latex balloons
- green and blue plastic table clothes (dollar store)
- brown paper bags
- streamers: different shades of green, blue and brown

## Christian Yoga Class

### Weekly classes each Tuesday

**Proverbs 14:30 (NIV)**

**A heart at peace gives life to the body, but envy rots the bones.**



Are you looking for a way to integrate your mind, body and spirit? Many Christians have found yoga, an ancient holistic practice that focuses on bringing together body, mind, and soul, to be a helpful way to connect with God, and to find rest in God's peace. The word "yoga" comes from the Sanskrit root word "yuj" which translates as "to join" or "to yoke". Through a practice of gentle stretches and postures in movement with our

breath, we bring harmonization of the body, mind, and spirit. A continued yoga practice will lead you to a sense of peace and well-being with a more mindful connection of God in your everyday life.

**1 Corinthians 6:19-20 (NIV)**

**<sup>19</sup> Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; <sup>20</sup> you were bought at a price. Therefore honor God with your bodies.**

Darlene Murphy, a West Grove UMC member and certified yoga teacher, leads the class. She can be contacted via phone at 610-869-4687 or email: d123murphy@aol.com. Class meets **weekly from 7:00 to 8:30 p.m. on Tuesdays, EXCEPT for the first Tuesday of the month, when the class is held from 6:00 to 7:00 p.m.** Each session will take place in the sanctuary. No prior experience is needed. Required supplies: yoga mat, light blanket or shawl, and yoga strap or towel.

#### **What participants have to say:**

*"Yoga has made a difference in my life. I am encouraged every week in both body and spirit. It has helped me with flexibility and breath control. I look forward to the combination of exercise and prayerful meditation led by a caring Christian teacher. There is no competition. I do as much as my body will allow and each week I feel stronger. I may never be able to touch my toes, but I'm getting much closer." ~ Janis Schrader*

*"Relaxing and Beneficial it has not only helped me out physically but mentally and financially. I have lowered my blood pressure and no longer see a chiropractor as much as I used to. Oh, and the Instructor (Darlene Murphy) is just one of the nicest persons you can meet. So come on out and enjoy the fun, no matter if you're 8 to 80, you can do it." ~ Joe Dea*



## Retired Active People R.A.P.

### On summer hiatus!

**Retired Active People** has been gathering monthly for over 14 years. We come together for fun, fellowship, and food. Each month, we have a guest speaker or entertainment. The committee has already been hard at work planning next year's events. We are taking a break for the summer, but look forward to gathering back together with you all in September!



### R.O.M.E.O.

#### Retired Older Men Eating Out

**Thursday, June 26**



**R.O.M.E.O.**

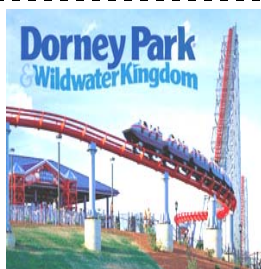
**Retired Older Men Eating Out, will meet, June 26, 2014.** If you are retired, then we would like to see you at our ROMEO lunch. We get together to eat at Perkins in Avondale on Rt. 41 on the last Thursday of each month at 12:00 p.m.. **Call Roger Bates, at 610-869-7638** if you have any questions or if you are newly retired. Bring your retired friends..



**Luther House  
Bible Study**

### Hear the Stories!

**Luther Class** is for men and women who are interested in coming together to learn the stories of the Bible. All are welcome. **We meet every Wednesday from 2:00-3:00 pm** at Luther Building #1 in the parlor, right inside the door. Come join us! Bring your friends. If you have any questions, contact Cindy Haley at: [chaley@zoominternet.net](mailto:chaley@zoominternet.net)

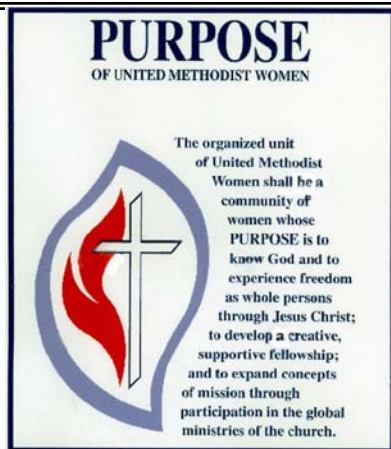


## United Methodist Day Dorney Park & Wildwater Kingdom Sat., June 21, from 10 a.m. to 10 p.m.

Join EPA United Methodists, their families and friends, for the 3rd annual United Methodist Day at Dorney Park & Wildwater Kingdom Saturday, June 21, from 10 a.m. to 10 p.m. The park address is 3830 Dorney Park Rd., Allentown, PA 18104.

This is a great opportunity for church members, families, friends and entire communities to enjoy a day of thrilling fun and fellowship at one of America's greatest amusement parks. Our UMC coupon will get you a \$20 discount when you present it at the Dorney Park ticket window; and no, you don't have to be a United Methodist to use the coupon. You don't have to purchase tickets in advance. You just download the coupon and take it with you. You can purchase four tickets with each coupon; but you can print copies for all the coupons you need. Your church office can print and copy coupons to pass out to the congregation and friends.

Questions? Contact Ross Brightwell at [rossbrightwell@verizon.net](mailto:rossbrightwell@verizon.net) or call 215-643-1269.



The United Methodist Women thank everyone who donated items, and helped with the sale, setup and cleanup of the Spring Rummage Sale. Your help was truly appreciated in order to make the Rummage Sale a successful fundraiser for the UMW. We profited approximately \$950.00 which will be used for various mission projects.

Many folks were disappointed that we did not have a Fall Rummage Sale last year. In order to reinstate the fall rummage sale, we would like



to have guaranteed commitments for help with the setup, the sale and the cleanup. This is a monumental task for the few UMW that commit to this project. This summer we will post a signup sheet for those interested in helping with a Fall Rummage Sale. If you wish to see this continue, your help is needed.



In addition, **the UMW will meet on Wednesday, June 4, at 11:00 a.m.** in the church conference room. If you are interested in United Methodist Women and wish to be a part of the mission and purpose of UMW, we invite you to attend so we may put together a calendar of events for the coming year. If you are unable to attend, but wish to be informed, please let me know.

Thank you for your continued support of the United Methodist Women.

Cindy Haley, President (484-702-7071 or [chaley@zoominternet.net](mailto:chaley@zoominternet.net))



## **SCRIP is coming June 8!**

### **Savings for Church through Rebate and Incentive Program**

The SCRIP program allows for the congregation of WGUMC to participate in a savings program which benefits the

church. By purchasing prepaid cards for use at business establishments you frequent on a weekly basis, WGUMC will receive a percentage from the businesses. Buy your groceries, pay for your gas, gift cards for friends and family, etc. The possibilities are limitless and every dollar provides another avenue of stewardship for our church.

Program details will be available in coming weeks. Stay tuned.....

# Summer Mission Opportunities



**1) Urban Promise** - We will be preparing dinner on **June 13** and breakfast and lunch on **June 14** for the Urban Promise summer interns and street leaders. This will be our 4th year preparing meals for their summer training retreat. Sign-up sheets

will be posted for opportunities to provide food donations and your help. If you have questions or desire more information, please see Cindy Haley.

**2) Covenant Missionary, Mrs. Ngoy Kalangwa** - Our 5th Sunday coin collection on **June 29th** will help offset our monetary commitment to be in partnership with Mrs. Kalangwa and her ministries with women and children in Morogora, Tanzania.



**3) Ronald McDonald House** - On **July 27**, we will go to the Ronald McDonald House in Wilmington to prepare dinner for the families and children staying at the House. The Ronald McDonald House of Wilmington supports families of seriously ill children by creating a community of **comfort** and **hope**. A sign-up sheet will be posted in July for opportunities to provide food donations and your help. If you have questions or desire more information, please see Kim Weingarten.

**4) Mission Central, Mechanicsburg, PA** - On Friday, **August 15**, we will travel to Mechanicsburg to work in the warehouse of Mission Central to assist with various tasks. Mission Central is the mission warehouse of the Susquehanna Conference of the United Methodist Church. Along with twenty-one satellite operations, called "HUBs," they supply humanitarian goods and logistical services to hundreds of different ministry and social service agencies. Since their beginning in June 2002, Mission Central has hosted tens of thousands of volunteers who come to experience being "the hands and feet of God" in service. Volunteers at Mission Central help to: A) process United Methodist Committee on Relief (UMCOR) "Relief Kits" for use around the world, B) provide all types of needed supplies for local and national ministries, and C) assist many projects that are sending God's love around the world. If you have questions or desire more information, please see Cindy Haley.



**5) Chester County Food Bank Gleaning Program** - Although the Chester



County Food Bank distributes food from a variety of sources, the non-profit has placed a heavy emphasis on providing households in need not only with access to food — local, nutritious food that supports a healthy lifestyle. One of the ways that the Food Bank is able to deliver local produce is through their Gleaning & Growing Program. Throughout the harvest season, volunteers pick various crops and deliver them to the Chester County Food Bank Warehouse in Guthriesville. On Wednesday, **August 27**, we will

once again send a team to the farm on Gum Tree Road in Cochranville to glean. A signup sheet will be posted in the lobby for interested volunteers.



**West Grove United Methodist Church**  
OPEN • GROW • SERVE

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2014

*~ Open, Grow, Serve ~*

*At West Grove UMC, we love God by opening our hearts to Jesus, growing our faith and serving our community and world in His name.*

**Rev. Bumkoo Chung, Pastor**  
pastorbk@westgroveumc.org

**Rev. Monica Beth Guepet**  
Pastor beginning June 29, 2014

**Rev. Jim Mundell - Associate Pastor,**  
Chaplain at Jenner's Pond  
jimm@westgroveumc.org

**Office Hours: M-F, 7:30 a.m.-4 p.m.**  
**Staff**

Donna Fackler - Church Administrator  
donnaaf@westgroveumc.org

Betsy Smith - Traditional Music Director  
Contemporary Music Interim Director  
betsys@westgroveumc.org

Sandy Deckard—Handbell Choir Director

Jamie Lindtner - Youth Director  
jamiel@westgroveumc.org

Melissa Jones - Member Connection and Small  
Groups Coordinator: melissaj@westgroveumc.org

Tracy McLaughlin—Children's Morning Out Director  
tracym@westgroveumc.org

Maira Tena - Nursery Attendant

Helen Carlin-Sunday Coordinator & Office Volunteer

**Board and Committee Leadership**

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John Boyd - Trustee Chair

Larry Yates - Finance Chair

Jeff Curtis - Treasurer

Sara Ann Ramberger - Financial Secretary

Cindy Hoover - Staff-Parish Relations Committee Chair

Erin Talley - Education Team Chair

Bill Jones - Children's Ministry Team Contact

Susan Paisley - Faith Community Nurse

Janice Bowers - Missions Team Chair

Don Hurst - Hospitality Committee Chair

Cindy Haley - Delegate

Roger Bates - Co-Lay Leader

Cindy Haley - U.M.W. President

TBA- Prayer Chain Coordinator

Amy Castaldi - Nursery Coordinator

John Gambill, Betty Mundell and Denise Byers

Ad Council Member at Large