

West Grove United Methodist Church

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October 2016



"When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood.

Then Abraham reached out his hand and took the knife to kill his son.

But the angel of the LORD called to him from heaven, and said, 'Abraham, Abraham!'

And he said, 'Here I am.'... So Abraham returned to his young men, and they arose and went together to Beer-sheba; and Abraham lived at Beer-sheba." Genesis 22: 9-11, 19

In the Midrash, church fathers, and church mothers, scholars and the faithful have puzzled over this text, *The Binding of Isaac*, sometimes called, *The Sacrifice of Isaac*. We have often remarked on Abraham's faith, wondered over God's commands, and breathed a collective sigh of relief over the outcome. A recent book I read (God's Echo: Exploring Scripture with Midrash by Sandy Eisenberg Sasso), provided me with a new insight. The author wonders about the experience of Isaac, the son. What was it like for him to be tied down to be sacrificed by his father? What was it like for Isaac as he was released? And interestingly for scholars, where did Isaac go after the tragedy?

From the scripture, we know Isaac did not return with Abraham. Rabbis and Christian scholars posit on this question. Perhaps, he returned by a different route as the Magi would do so many years later, having been warned in a dream. Perhaps, he was cared for by the angels who announced his birth. Perhaps, he studied the word of God (not yet in written form). Perhaps, he was healed. What we do know is that the next time he shows up in scripture is when he meets and marries Rebecca. He may never have forgotten his trauma, but he is prepared to continue living into the life God has called him to live.

What can we learn from Isaac? In a world where lives are loaded with violence, we can learn from, not forget, but living with that knowledge the life that God has called us to live. The nightly news, newspapers, Facebook alerts, and other forms of media are full of these stories. Stories that leave us shaking our heads, hoping someone else has a good, quick, peaceful answers and feeling bereft of answers, ourselves. Violence against African Americans. Violence against police officers. Gang violence. Crime that is on the whole declining, but in significant pockets increasing in violence and insidiousness.

Some of us are connected through familial and friendship connections and find ourselves alternately weeping and screaming angry! Some of us experience the tragedies through the media and feel paralyzed without an idea of how we could affect any change or carry any hope. Others feel disenfranchised from the whole experience.

What should we do? We may be called to action; we may be called to advocate for justice. All of us are called to prayer. What do we pray for out of such systematic tangles around issues of racism and injustice, violence and fear? Sasso writes, "Isaac's name means 'laughter'. I do not think that he was given this name only because Abraham and Sarah laughed when they heard they would have a son in old age. I think that Isaac laughed too. The angels taught him to laugh in the face of the unknown and wrestle joy out of despair." I invite you to pray for laughing in the face of the unknown and wrestling joy out of despair. It is the very salve that saved the life of Isaac and set him on the path God had set before him.

In God's Love,

Pastor Monica



October Worship at West Grove UMC



Please join us in our worship service to be blessed by the Word of God.

I AM—through October 9th

Rooted in Gratitude, Growing in Christ October 16th—November 20th

Twentieth Sunday After **Pentecost** October 2, 2016 **World Communion Sunday** *Emergency Food Pantry Collection Day is on the first Sunday of each month



Twenty-Second Sunday After Pentecost October 16, 2016

Scripture: Thessalonians 1: 1-10,

Genesis 32:22-31

"Choose Gratitude. Not Sermon:

Attitude"

Scripture: Psalm 63, Luke 22: 19 "I am One of Many" Sermon:

One of Many

Disciple

Fearfully and Wonderfully



Confirmation Bible

Found 29:1, 4-7, Luke 17: 11-

Useful

Caregiver

Sermon:

"I am a

Twenty-First Sunday

After Pentecost

October 9, 2016

Dedication

Children's Choir

Scripture: Jeremiah

Caregiver"

Twenty-Third Sunday After Pentecost October 23, 2016

Scripture: 1 Thessalonians 5: 12-28,

Luke 18: 9-14

"Gratitude in Trials" Sermon:

Twenty-Fourth Sunday After Pentecost Fifth Sunday Coin Collection To benefit Stop Hunger Now **Baptism of Bradley Dunn** October 30, 2016

Scripture: 2 Thessalonians 1:1-4, 11-12 **Sermon:** "Roots Grow Deep in Gratitude"

We Need YOU!

Our Soundbooth is a vital part of our Sunday morning worship. They run visuals from the computer and balance audio from the Soundboard. Please let us know how you can serve in one of these ways. Contact the church office for more information!



Gluten Free Communion

Our Communion

bread is now gluten free, so that all can receive from the same loaf. In our church, we have at least 10% of the congregation who have Celiac's disease or gluten intolerance or sensitivity. This radical hospitality allows us to live our theology that ALL are welcome at the Communion table.



Hosted by the Finance

Team

On Sunday, October 16

Due to the increase in food allergies among the general population, as well as our own congregants, we request that any items brought for the fellowship hour have a note attached if there are nuts in them (including coconuts). Thank you.



We look forward to hearing the Children's Choir sing on October 9th at both services!

From the Pastor's Desk

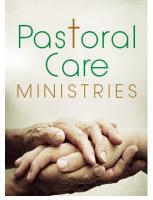


Have you checked our website recently?

www.westgroveumc.org

Look for newsletters, bulletins, sermons, our calendar and much more!

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Please let Pastor Monica, Pastor Shirley. Pastor Jim, or the church office know if you or a loved one is in the hospital. Our pastoral team shares pastoral care.

We would love to support you and your family with a visit. We depend on you to share the information of which hospital your loved one is in.

Please also let us know of any other pastoral needs. Thank you!



Worship on the second Sunday of the month at 11 am in the Allison Theater led by Pastor Jim. Join us there! **Sunday October 9th**



They are written one for each day of the week with which you might begin your day. Don't forget to take

your bulletin home or catch them on the website. May your day and faith journey be enriched!

All Saints Sunday November 6th 8:30 and 11:00 a.m. **Services**



- One of the oldest traditions of the church is the remembrance of those who
- have died during the last year on All Saints' Day on November 1st. This beloved tradition has been important in this congregation for many years. We remember beloved members of the church, special loved ones of our families, and those for whom we have performed funeral and memorial services. Our remembrance includes pictures, the tolling of the bell, and the
- lighting of the candles. You may be remembering a loved one this year. We would like to give thanks to God for their life in our All Saints Day service on November 6th during both services. Please make sure that the office has the name of your loved one, a picture of your loved one, in addition to their date of birth and
 - date of death, by October 30h. It is our privilege to remember those who moved onto the church triumphant, even as we hold the tenderness of loss.

House Blessings

"And now, O Lord GOD, you are God, and your words are true, and you have promised this good thing to your servant; now therefore may it please you to bless the house of your servant, so that it may continue forever before you; for you, O Lord GOD, have spoken, and with your blessing shall



the house of your servant be blessed forever." 2 Samuel 7: 28-29 From biblical times, when someone moved into a new dwelling, words of blessing were offered over the new home. Home blessings involve prayers, scripture reading, and movement throughout the house.

If you are interested in a home blessing, please contact Pastor Monica.



We all need a plan for our money. Financial Peace

University (FPU) is that plan! It teaches God's ways of handling money. Through video teaching, class discussions and interactive small group activities, FPU presents biblical, practical steps to get from where you are to where you've dreamed you could be. This plan will show you how to get rid of debt, manage your money, spend and save wisely, and much more!

FPU classes meet for around an hour and a half each week for nine weeks. For information, go to the following web address.

http://www.daveramsey.com/fpu/home

9 week course starts Sunday morning September 25th at 9:45am. Contact David or Barbara Delaney at 484-37-8332 if you have specific questions. Go the following link to sign up for the class.

http://www.daveramsey.com/fpu/locations/class/1024371



This is the 130th anniversary of West Grove Church!

This fall, we will be retelling the story of 130 years in our community and looking forward to hundreds of more years serving our community. Please save the date for November 13th for our Celebration of 130 years in ministry: Rooted in Gratitude, Growing in Christ. Look for ways that you can celebrate how we have already served the community and look forward to equipping our congregation to grow into the future.



World Communion Sunday is October 2, 2016. On World Communion Sunday, The United Methodist Church

The United Methodist Church will take communion in unity with churches from many denominations around the world. It is a powerful reminder of our common faith in Christ.

The United Methodist Church has also set aside World Communion Sunday as one of the six Special Sundays. Our special offering goes toward World Communion Scholars and Ethnic Scholarships and In-service Training Programs.

The World Service Scholars program was originally called the Crusaders Scholarship Program. It began after World War II with the hope of educating students from around the world so that they could return to their home countries as leaders in their communities and churches. Many did return as doctors, psychologists, teachers, rural developers and ambassadors. Through the years, the program has been able to support more than 4,000 students from all over the world. Our gifts on World Communion Sunday will help continue to promote the peace and unity of Christ.

World Communion
Sunday is a time to
be in communion
with Christians all
over the world and to
enable us to "press

enable us to "press on toward the goal" of serving God in life-changing ministries.

Offering proceeds provide scholarships for international and United States (racial- and ethnic-minority) graduate students and scholarships for racial and ethnic minority persons seeking second careers in church-related vocations.

Half of the offering provides Crusade
Scholarships for international and U.S.
racial- and ethnic-minority graduate
students through the World Communion
Scholarship Program. Crusade Scholars
represent more than 25 countries.
Thirty-five percent supports Ethnic
Scholarships for undergraduate students.
Fifteen percent funds Ethnic In-Service
Training Program scholarships for racial- and
ethnic-minority persons seeking second
careers in church-related vocations.

Baptism

- Through baptism we are joined with the church and with Christians everywhere.
- Baptism is a symbol of new life and a sign of God's love and forgiveness of our sins.
- Persons of any age can be baptized. We baptize by sprinkling, immersion or pouring.
- A person receives the sacrament of baptism only once in his or her life.
- See One of our Pastors or the Church Office for information about Baptism for you or your children.



Planning for the Future

We plan for the future all the time. We hope to have enough milk, eggs, and bread during a snowstorm. We hope to have enough gas to get to our destination. We hope to make good life choices to achieve who God has called us to be. We might want to plan for a future beyond



ourselves as we consider wills, estate planning, legacies, and even our own funeral or memorial service.

Sometimes, persons are interested in sharing their wishes and desires for funeral and memorial services with loved ones ahead of time. Other times, information is written in places to be discovered upon death. In other circumstances, families wish to respect the wishes of a loved one, but are unsure as to what best honors their loved one. Prayerfully consider, if you might want to record those thoughts with the church. The church can retain and hold those wishes for you, so that information might be shared and available when appropriate.

If you are interested in recording your hopes for your own services, please be in contact with Donna II in the office for a guide or Pastor Monica to discuss your thoughts.



Pastor Monica is completing a two year commitment to Financial Leadership Academy on October 17th and 18th. This valuable commitment to leadership development in clergy has brought much fruit at West Grove. Look for Pastor Monica's reflection in November's newsletter.



Electronic giving makes keeping your commitment to stewardship simple.

Your tithe can be given first out of all of your banking in giving thanks to God!

You can give through

electronic transfer from your bank, schedule bill pay from your account, give through pay pal and other options specific to your bank accounts.

See Donna Fackler in the office to set up.

We need you! Office Volunteers:

olunteers

Can you answers phones at lunch time? Can you help prepare a bulk mailing?

Can you file?

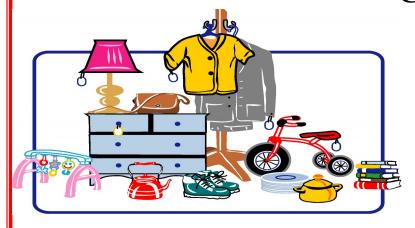
Can you do special projects?

Can you cut and paste on the computer? Can you make phone calls?

Can you greet guests as they come to the church? Can you organize?

Join our team by contacting Donna Fackler in the Office.

Nest Grove United Methodist Church Semi~Annual Rummage Sale



Friday, September 30th, 9 a.m.-2 p.m. Saturday, October 1st, 9 a.m.- 12 p.m.

Donations accepted at the church from Sunday, Sept. 25—Wed., Sept. 28

On Saturday, there is a special bargain because you may fill a brown paper grocery sack for only \$2.00!! Left-over items are donated to various mission organizations. The United Methodist Women who sponsor this sale, use the proceeds to fund various missions in the church and the wider community.

West Grove United Methodist Church will be holding a Children's Clothing, Toy and Equipment Consignment Sale. This is a great chance to buy quality used children's items that you need at good prices. If you have quality items and would like to sell them at the consignment sale, please use the below contacts to get additional information.

There will be a large selection of Fall and Winter children's clothes, shoes, coats, toys, books, baby items and equipment. **Shopping**



hours are Friday, October 7^h from 9:00am-4:00pm and Saturday, October 8th from 9:00am-12 noon. Come on Friday for the best selection. On Saturday, many items will be half price. This sale benefits the early childhood and scholarship programs at the Children's Morning Out and Preschool Program of WGUMC. If you have any questions, you can e-mail: tracy.mclaughlin@westgroveumc.org or call the church office at 610-869-9334.



CMO PRESCI-COL

Children's Morning Out Program

CMO and Preschool is off to a terrific start!!! We were so happy to welcome back all of the preschool children and families during the week of September 12. The

children quickly became reacquainted with old friends and met lots of new friends. They spend the first few weeks of preschool getting to know one another and the teachers. We are looking forward to a terrific year!!

Some of you may have noticed that the church playground has a new sand box. This is all because of Ralph Curtiss. This past Spring, Ralph came to me with an idea that he had for a new sandbox. We spoke several times about what would work for preschool aged children and he ran with the idea. Ralph came up with a design, for the sandbox, was able to get the tubing material donated, and then he formed the sandbox all on his own. Ralph then took it to a friend who was able to weld Ralph's wonderful design together. Once the circular sandbox was created, Ralph transported it to the church playground., leveled and dug the ground so that the structure could be the perfect height for little legs to get over and put it in the ground for us. The last step was getting the all-important sand. Ralph told me that he could get the sand in his trailer and if I could get some volunteers we would be able to move 2-3 tons of sand very quickly. On the evening of September 7th, three of our preschool dads and Ralph put all of that sand in the new sandbox using a chute that Ralph had also created. Ralph joked with the dads about how they could tell their children that they got to play in the sand before the kids did. Although I have told Ralph and Kris thank you, it doesn't seem like enough. Ralph spent numerous hours creating this amazing addition to our playground that the children have already been enjoying so much. I hope that

you will take time to something all of the children of the church will be able to enjoy!!! Thank you

Ralph!!!!

Tracy McLaughlin, Director



also thank Ralph for his generosity. This is surely

It takes a village

CMO Chapel Time with Pastor Monica

Starting on September 28th, Pastor Monica will, once again, share chapel time with each of the CMO preschool classes. Each class joins with another class to share in Chapel Time. Chapel time will include stories of our faith, songs, and prayers. Please celebrate with us and pray for us as we continue this beloved tradition of chapel time.



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WGUMC's Annual Trunk or Treat Event! Sunday, October 30th from 3-5 P.M. We want to see you all there!

This eagerly awaited event is an awesome outreach to the children of our community. It's a

fun, safe way for children to experience the joy of trick or treating. We line up cars in part of our parking lot, and children go trunk-to-trunk collecting candy. We'll also have games, crafts, refreshments, and a hay ride. Invite a friend or neighbor to join in on the fun!

We need lots of trunks this year! All you need to do is decorate the trunk of your car and hand out candy as the children come around. You can dress in costume if you like! You may decorate with any theme you like, as long as it has nothing scary; remember this is a fun and safe Christian event. There are tons of ideas to be found on the internet!

We will post sign-up sheets in the lobby as we will need lots of volunteers to help out, and you can place candy donations in the bins.

Help Our Troop Help Others! Buy an Annie the Owl!

Boy Scout Troop 12 will be selling Annie the Owl. Please support our Troop as we give to others. **For a \$20.00 donation,** a plush owl will be purchased in your name and will be donated to a sick child. Our boys of Troop 12 will receive a percentage of the profit on all the sales. Once the sale is over the boys personally deliver the plush owls to children in local hospitals. If you want to purchase one for yourself, a child, grandchild, niece or nephew our boys will still get a profit and you will own an adorable plush owl. Last year we donated 100 plush animals to A.I DuPont! We want to beat our number from last year!

Sales are going on the whole month of September & October. You can also order one by emailing Lyaletchko@zoominternet.net or

Calling Lisa at 610-932-4984



18 Youth

C.I.A. Youth Ministry News





Welcome to Fall! We are excited about some youth starting up this fall and for the opportunities for students to fellowship together. Mark your calendar for the following dates and be sure to join us!

Youth Fellowship

In the Youth Room from 6:00 – 7:30 p.m. **October 2** – NO Fellowship

October 9 - Middle School Fellowship

October 16 - High School Fellowship

October 23 - ALL Youth Bowling at

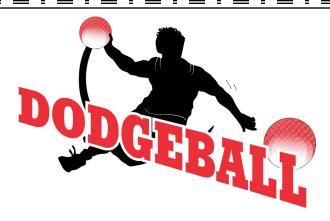


Timber Lanes. Sign up with Jamie by October 20th to save a lane. \$15 for 2 hours of bowling. 5:30 – 7:30. Meet at Timber Lanes in Oxford.

October 30 - Trunk or Treat - A great opportunity to serve in the church by creating a trunk or running games inside. Let Jamie



know if you want to serve.



Friday Night Dodgeball Back by Popular Demand!!!



October 14th from 7:00 – 9:00 p.m.

Bring \$2 for pizza and invite a friend!



Confirmation Class begins on October 2nd for all 7th and 8th grade students. We will meet together at 9:45 in the youth room. Please plan on attending a worship service as well. We will hand out Bible's to students on October 9th!

Looking Ahead!!
The
Philadelphia
Project –
December 3 –
5th!



WGUMC Missions





Our next week to host families is October 16 – 23.

Calling ALL to volunteer your time or donate supplies. We are running this week relying completely on WGUMC to provide Evening and Overnight Hosts.

Please ask questions or sign-up to help in the lobby after each service.

Oxford Area

Neighborhood Services Center

2nd Annual Hunger Walk

Sunday, October 16th 9am – 12pm Lighthouse Youth Center 245 Commerce St Oxford, PA 19363



Repairing Homes, Restoring Hope

Mark your calendars for Saturday, October 15th!

Please contact Janice Bowers 610-444-8470 or janicesemail2@gmail.com if you would like to participate.

Volunteering at Good
Neighbors Home Repair, you
can make a difference in the
lives of elderly and low-income
homeowners by helping with
projects that restore their
homes — and their hopes.
In many cases the
homeowners have exhausted
all other resources, and look to
Good Neighbors as their last
resort to deal with difficult
circumstances.



OPEN • GROW • SERVE

September 19th, 2016

Dear United Methodist Women:

On behalf of the West Grove United Methodist West Grove United Methodist Church Church, I give thanks to God for the generosity and excellent stewardship of United Methodist Women. We are indeed blessed by the donation of 3

televisions, 3 DVD players and coordinating cables. This allows our technology to be an important media for sharing the gospel in Faith Learning Academy, Sunday School, meetings, and other gatherings. Your donation is opening doors and opportunities for new ways of connecting with new people.

We also give thanks to God for your commitment to 5 years of Servant Keeper cloud based software, database, and storage. This allows for our staff to access pertinent information as they care for our church and community out in the community. We are so blessed to allow additional simultaneous users to access and utilize this information.

Your generosity to our Emergency Aid Fund will allow us to serve more people in our community. Your \$200 donation of 8 \$25 Wawa gift cards will equip us to serve those in need. Providing gas cards often allows those in need to save or use their funds towards other vital needs.

The United Methodist Women have always been involved in the local community and global outreaches. As we celebrate 100 years of United Methodist Women (including predecessor denominational groups), I give thanks to God for the ways you are living out faith, hope, and love in action. It is the collaboration of the many in the body of Christ that accomplish the task of serving the world.

In God's Love, Rev. Monica B. Guepet, Lead Pastor



Our first Open Market was a rousing success! We opened the day serving approximately 200 people at the pancake breakfast! Many folks complimented the tasty pancakes and sausage and fresh fruit cups!

Following the breakfast, we had scores of vendors in the field, lots of people browsing the various booths, and hungry shoppers visiting the Food Trucks!

All of this was made possible by "YOU"!!! Thank you to all the folks who donated their time, talents and money. The trustees pulled together and got vendors registered, fields mowed and lined, breakfast shopped for and cooked,. We had many volunteers who set up the event and dining room, cooked and manned the kitchen, served in the dining room, cleaned up and broke down everything after. The Boy Scouts and the Girl Scouts both pitched in by helping to set up and serve in the dining room. We are so appreciative of their service to the church by helping with this important fundraiser!

So, in conclusion, THANK YOU, THANK YOU, THANK YOU!! You are all special. With appreciation from the Trustees and Friends!

YoungMoms Update

It has been five months since GSR 2016 ended. Over \$34,500 from 14 Southern Chester County churches was collected for our two beneficiaries, Good Neighbors and Young Moms. Two weeks ago, we shared about what's been happening with Good Neighbors. This week we had the pleasure of meeting with Linda Mercner, the Executive Director of Young Moms, to receive an update on how GSR and the generosity of the church members has changed the landscape of her organization.

Walking into the Young Moms State Street office, you can instantly see changes. Their offices have received a much needed face lift, creating better organization and opening up more space to better serve their moms.



In addition to a better space for clients, there were more desks! With the help of the GSR funding, YoungMoms was able to double their work force, enabling them to expand their reach to serve more moms. They have also been pressing ahead with their new initiative, Young Dads, which serves the young fathers to the YoungMoms clients.

It was great to hear how Give | Serve | Restore has made an impact on the YoungMoms community. **Look for more information about GSR 2017 in the coming months!**

If you or anyone you know would be interested in partnering with Young Moms, contact them directly. website: http://www.youngmomscommunity.com Photo Credit: YoungMoms

NEWS FROM THE LES FAMILY

(Our sponsored family in the Ukraine for many years)

Update from Vira Les: Vira came to the United States last month with her fiancé Richard King III. They will be married this Sunday, September 25, in Spring Lake, NJ. Pastor Shirley and Fred Daddario will be walking her down the aisle. Please keep Vira and Richard in prayer as they start a new life together. Once they are settled, we plan to invite them to visit and worship with us.





Oxford United Methodist Church 18 Addison Street, Oxford, PA 19363

We are very excited to be celebrating the 30th anniversary of the installation of our pipe organ; and to commemorate the event, we are having an organ concert by

Dr. Gordon Turk on Sunday, October 16th at 3:00 pm.

Dr. Turk travels nationally and internationally for concert performances, and has played in Carnegie Hall, the Kimmel Center in Philadelphia, and other landmark concert halls in the US. He has performed in the legendary Bolshoi Philharmonic in St. Petersburg, Russia, and other cities of Russia, and in international organ festivals of Switzerland and the Ukraine. He has made two concert tours in Japan, and recently returned from his second concert tour in the Ukraine, playing solo performances and also concertos with orchestra.

We will also be having a combined choir performance that day — all singers are invited to join.

If interested, call 610-932-9698 or email oumcsecretary@gmail.com.

Mark you calendars now! It is sure to be a beautiful afternoon of music!

Retired Active People



R.A.P.

RAP's first meeting of the new season was held Friday, September 9 with about 73 in attendance. We enjoyed a covered



dish luncheon followed by beautiful music presented by the Sunday Breakfast Mission Singers from Wilmington, DE. At our next meeting envelopes will be provided

should you desire to make a monetary donation to the Sunday Breakfast Mission.



October will be a busy and fun month. Our regular gathering will be held Friday, October 14. Bring your lunch and a friend or two, and enjoy desserts and drinks provided by RAP, along with music and entertainment by The Grateful Alive **Band** from the West Chester Senior Center. They have approximately twelve members with brass, string, keyboard and accordion accompaniment. Please join us for a fun afternoon of fellowship and music.

And, on Wednesday, October 26, we will be traveling to **Sight and Sound** to see **Samson** at 11 a.m., followed by a meal at Miller's Smorgasbord. We will be carpooling. If you need a ride or have not reserved a ticket, please contact Sara Ann Ramberger at 610-869-3863 or

sar57ver@verizon.net for additional information.

J.U.L.I.E.T.

JULIET...Just us Ladies Interested in **Eating Together**



Saturday, October 8 at 9:00 a.m.

Please join this group of ladies for a breakfast time of food, fun and fellowship. We meet at Sunrise Café, 127 E. State Street, Kennett **Square, PA 19348** They have free parking in the parking garage on Saturdays. Questions? Call Margee Michaels or Chris Curtiss.



Hear the Stories!

uther House Bible Study Luther Class is for men and women who are interested in

coming together to learn the stories of the Bible. All are welcome. We meet every Wednesday from 2:00-3:00 pm at Luther Building #1 in the parlor, right inside the door. Come join us! Bring your friends. If you have any questions, contact Cindy Haley at: chaley@zoominternet.net



UMW FAITH CIRCLE will

resume their schedule of meeting on the 2nd and 4th Friday mornings in the Youth Room. Sewing skills are not necessary. If you are interested in our projects or want to confirm that we are

meeting on a particular Friday, contact Chris Curtiss (610-345-0374) or Karen Boyd (443-553-4900).

____ R.O.M.E.O.

Retired Older Men Eating Out Thursday, October 27



If you are retired, then we would like to see you at our ROMEO lunch. We get together to eat at Perkins in Avondale on Rt. 41 on the last Thursday of each month at 12:00 p.m.. **Call Roger Bates, at 610-869**-**7638,** if you have any questions or if you are newly retired. Bring your retired friends.

Susan Paisley, RN healthnotes Parish Nurse



Walking toward a healthier you!

There are countless ways you can get active, but walking has the lowest dropout rate of them all! It's the simplest positive change you can make to improve your heart health.

Research has shown that walking at least 30 minutes a day can help you:

Reduce your risk of coronary heart disease and stroke

- Improve your blood pressure, blood sugar levels and blood lipid profile
- Maintain your body weight and lower the risk of obesity
- Enhance your mental well-being
- Reduce your risk of osteoporosis
- Reduce your risk of breast and colon cancer
- Reduce your risk of non-insulin dependent (type 2) diabetes

There really are so many benefits for such a simple activity!



Sole-mate: A friend by your side

The thought of being alone can be enough to keep some people from walking. The best way to solve this is by finding a friend to walk with. You can plan walking paths that are convenient for both of you, or map out routes that take you places you've never been before. It's a great way to exercise and spend time with friends!



Join your neighbors walking in the

John H. Ware IV Memorial because Hunger Exists in Local Places **OCTOBER 16, 2016**

Benefits:

Avon Grove Bridge Foodpantry; Church of God Divine Sent Food Cupboard

Lighthouse Youth Center; Neighborhood Services Center

Starts at Lighthouse Youth Center

Registration: 1:00 p.m. Walk starts: 1:30 p.m.

For more information contact

Buzz D. Tyson at 484-880-2018 or buzz@oxfordlighthouse.org Tara Eggers at 610-842-2393 or Tara. Eggers@dansko.com

Sponsored by the Oxford Area Civic Association and the Oxford Area Ministerium

Opportunity List

The list below comes from the dreams and visions of various teams in the church. We encourage all giving to be above and beyond your regular tithe and offering.



Item	Quantity	Approximate Total Cost
Monitors- Sanctuary (80")	2	\$ 4,000
Monitors- Narthex (42" - 46")	3	\$ 4,000
Electronic Sign at the street	2	\$ 15,000
Electronic Sign at Rt. 1	1	\$ 50,000
Wireless microphones	2	\$ 900
2 inch slat blinds for classrooms	25	\$ 500
United Methodist Hymnals for Jenners' Pond	30	\$ 600

Please see Pastor Monica with questions, interest, or ideas.

If your team has ideas or contributions to the opportunity list, please submit them for review to the Administrative Council chair. Carol Whelan.



We will be celebrating our 130th anniversary starting this fall. As we celebrate the faithfulness of the people called Methodists in West Grove, we recommit ourselves to a vision of knowing God and sharing God with our community.

Look for information coming during this month about opportunities to reconnect with the spiritual discipline of giving as well as cultivating gratitude and generosity.

You will receive a letter about regular tithing as well as ways to give above and beyond to celebrate our 130th anniversary as we are "Rooted in Gratitude and Growing in Christ."

Save the Dates



Adjourned Session of Annual Conference
Bethany UMC Wescosville, October 1

Bishop's day on the District, Monday, October 3rd





SCRIP Scripts

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Are you currently using SCRIP? Reach out to a fellow congregant to invite them to join you in this program. Many times individuals are unsure how it actually works and may be reluctant to

start. Help us spread the word!

This month tip(s): September: Back to school, sporting events, and changes from the laid back days of summer to very rushed and hectic schedules. Plan ahead to make things run a little easier by picking up gift cards for Applebee's, Domino's, Ruby Tuesday, or TGI Friday for no hassle dinners after work, school, and sport practices. Pick up Starbucks, Dunkin Donuts, Panera Bread gift cards for coffee and breakfast items on the way to a Saturday morning game or event. Don't forget the gas and Wawa cards to keep on hand. Plan accordingly, and stay on track and within budget. *Proverbs* 13:16 A wise man thinks ahead; a fool doesn't, and even brags about it!



Have You Remembered To Include West Grove UMC In Your Will?

One inescapable reality in Life is that we all must pass someday...sometimes with anticipation, sometimes unexpectedly. An important consideration for those of us who have been generous to our church throughout all our lives is, "How can I continue to support its ministry even after my death?" Making a provision to West Grove UMC in your estate planning is as simple as a couple of lines included into your will - but don't wait to make those plans. For assistance with this important feature of your own discipline of stewardship, talk with your financial planner or just call the church office. More elaborate gift bequests can be brokered through the church professionals at the Mid-Atlantic Foundation. Consider leaving a tithe (10%) of your estate to West Grove UMC at your death...or even a flat gift amount which you specify...and then enjoy the length of your days knowing that you have made this faithful choice!



Be a Good Steward

Various committees are writing the church budget for the coming year. They're placing their trust in God and believing in our members and friends to support the church's ministry. Let us all show our faithfulness with good stewardship through our time, talents and treasures.



Planting Seeds for Ministry Growth Saturday, October 22 Hosted by Hopewell UMC

The Keynote speaker is Reggie McNeal, a Missional Leadership Specialist for Leadership Network and author of numerous books.



There are many workshops offered: Spirituality and Labyrinth Walking; Financial Peace and Stewardship; Leading Church-as-Movement; Forgive and Remember: Discovering Forgiveness Within Conflict; and Divided Nation.

Closing Worship Rally is at 4:00 p.m. with a message from our District Superintendent, Dawn Taylor-Storm. For additional information on the workshops, speakers, schedule of events, please visit Hopewell UMC's website at www.hopewellumc.org/planting-seeds-2016

Mission Opportunities



Urgent Need for UMCOR Cleaning Buckets

Once again, we are faced with historic flooding in the US...this time in Louisiana. As anticipated, UMCOR has called for cleaning buckets. UMCOR also remains in West Virginia and will for quite some time as they continue to serve local families

there. In the meantime, Mission Central in Mechanicsburg is preparing to send out all that they can to Louisiana, but more are needed. We have recently connected with one of Mission Central's HUB locations at Christiana UMC, DE. They have scheduled a work day for October 8 beginning at 10:00 am to assemble Cleaning Buckets, as well as, Health Kits and School Kits. They schedule work days when they have enough supplies to assemble kits which are then sent to Mission Central in Mechanicsburg. Right now, the greatest need is for Cleaning Bucket supplies. Following is the list of needed cleaning bucket items. If you feel led and are able to donate any of these items, a collection bin will be designated in the lobby for this purpose. Please feel free to take on the challenge of putting together a complete Cleaning Bucket. These items will be delivered to Christiana UMC on October 8, but we will continue the collection as needed. If anyone is interested in helping assemble kits on October 8 at Christiana UMC in DE, please let Cindy Haley know chaley@zoominternet.net. Another way you may be led to help is by donating financially to support UMCOR's U.S. Disaster Response fund (Advance #901670). Having your special donation in hand before disaster strikes ensures UMCOR can respond quickly when called to serve. Please remember that one hundred percent of your gift will provide immediate relief and long-term support for recovery in response to disasters in the United States. If you are interested in helping with a financial donation, please make your check to WGUMC and in the memo line note UMCOR US Disaster Response Advance #901670.

Mission Central UMCOR Cleaning Bucket Instructions — Page 1

These supplies enable people to begin the overwhelming job of cleaning up after a flood or hurricane.

All items must be new except for the actual bucket and lid. All cleaning agents must be liquid and in plastic containers.

No powders please. If you cannot find the requested size of a liquid item, use a smaller size. Including larger sizes of any product will prevent the lid from sealing. UPS, FED EX and the U.S. Postal Service will not ship buckets containing bleach.

In such cases, you may leave the bleach out of the bucket. If all of the items on the list are not included, please put a label on the bucket indicating what has been omitted. Cleaning buckets are only used within the United States.

~ Continued on next page ~

ITEM	QUANTITY	NOTES
14" - 14 1 <i>/2</i> " tall 5-gallon bucket with resealable lid	1	Buckets from fast food restaurants or bakeries can be used if washed and cleaned. Do not use buckets that have stored caustic chemicals. Advertisements on the outside are acceptable.
liquid laundry detergent	*	* two 25 oz. bottles OR one 50 oz. bottle only
liquid household cleaner	1	12-16 oz. liquid cleaner that can be mixed with water. no spray cleaners
dish soap	1	16-28 oz. bottle, any brand
air freshener	1	aerosol can or pump
Personal insect repellant spray	1	6-14 oz. aerosol or spray pump with protective cover; packets of 20 insect repellant wipes may also be used
Hand-held scrub brush	1	plastic or wooden handle, no toilet, kitchen or dish brushes please

Mission Central UMCOR Cleaning Bucket Instructions — Page 2			
ITEM	QUANTITY	NOTES	
cleaning wipes	18	Handi-wipes or reusable wipes; no rags or terry cleaning towels; remove from packaging	
sponges	7	Dry cellulose or foam sponges	
scouring pads	5	No Brillo, SOS or other metal pads due to rust issues. Nothing with soap built in; Remove from wrapper	
clothespins	50	not loose in the bucket; place in gallon sized, sealable bag	
clothesline	*	* two 50 ft. OR one 100-ft. cotton, plastic or nylon	
heavy duty trash bags	24	At least 1.5—2 mil trash bags, 33-45 gallon size— remove from box	
dust masks	5	Place in bag with clothespins	
disposable kitchen gloves	2 pair	rubber or latex (not light-weight hospital gloves); remove from packaging	
work gloves	1 pair	Heavy Duty cotton or leather with leather or rawhide palm	
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Place all liquid items in the bucket first.

Place remaining items in the bucket fitting them around and between the liquid items.

Sponges and scouring pads can be separated in order to fit all of the items in the bucket.

Ensure the lid is closed securely.



You shop. Amazon gives.

Dear Friend

Amazon will now donate 0.5% of the price of your eligible AmazonSmile purchases to **West Grove United Methodist Church** when you shop at AmazonSmile (<u>smile.amazon.com</u>).



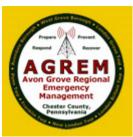
Remember: Your charitable organization only benefits when you start at:





Big thank you to our Knit Wits who have faithfully and prolifically made wonderful hand-created prayer shawls, baby blankets, and lap robes.

Each one is made in prayer and blessed by prayer! Thanks to our Knit Wits for this wonderful ministry.



In case of an emergency, many in our community look for a warm location with access to electrical power, warm food, and comforting conversation.

West Grove UMC has been providing this informally for many years. This month, our trustees have approved our official inclusion on a Chester County list of facilities that would be available as Comfort Care centers in case of an emergency. At each emergency, each comfort care center sets their availability. Prayerfully consider how you might be able to help in the case of an emergency.



SAVE THE DATE: December 3rd At West Grove UMC Hosted by our Mission ConneXion

Stop Hunger Now packages and ships meals to feed people in need. They have engaged over 500,000 corporate, student, civic and faith-based volunteers to package meals.

They educate thousands of people each year about hunger and inspire them to help end it. This year, they will package 45 million meals, and ship over \$9 million in donated aid, mainly vitamins and medical supplies. On the day, you package meals with preset foods and in a preset process. All you need to raise is 29 cents for each meal you package.

Stop Hunger Now meals are nutritiously sound. Every dehydrated rice/soy meal is fortified with 23 essential vitamins and nutrients. Research has shown that one in three people in developing countries are adversely affected by vitamin and mineral deficiencies. Join us!

a day with a day with SARAH BESSEY



PRESENTED BY THE BARN VINEYARD CHURCH
3224 APPLETON ROAD, LANDENBERG PA 19350

Saturday OCTOBER 22nd 2016 9:30am - 9:00pm

Sarah Bessey is a strong, intelligent, articulate woman, as well as an author, writer, and preacher. She speaks with authority and stands before an audience poised, confident, and vulnerable as she talks about the intersections of a spirit-filled life: about her own faith and spirituality, about what love looks like for us, about being a mother, women's issues, social justice, and her own struggling journey. Sarah is the author of the books Jesus Feminist: An Invitaton To Revisit The Bible's View Of Women as well as Out of Sorts: Letting Go of Perfecton and Discovering More Joy.

Worship & Morning Session with Sarah
Break for lunch (on your own)
Q&A Session with Sarah
Sole Hope Project (details online)
Dinner break (on your own)
Worship & Evening Session with Sarah

LIMITED SEATS ARE AVAILABLE!
Registration is \$30, and will go up to \$35 after October 1st
https://vcf.givingshared.com/a-day-with-sarah-bessey

WWW.THEBARNVINEYARD.COM



300 North Guernsey Road, West Grove, Pa. 19390 Phone: 610-869-9334, Fax: 610-869-0110 E:mail address: office@westgroveumc.org Website: www.westgroveumc.org



2016

~ Open, Grow, Serve ~

At West Grove UMC, we love God by opening our hearts to Jesus, growing our faith and serving our community and world in His name.

The Reverend Monica B. Guepet, Lead Pastor

pastor@westgroveumc.org

The Reverend. Jim Mundell - Associate Pastor, Chaplain at Jenner's Pond Jim.mundell@westgroveumc.org

The Reverend Shirley Daddario—Associate Pastor for Caring Ministries Shirley.daddario@westgroveumc.org

Office Hours: Monday—Friday 7:30 a.m.—4:00 p.m. Staff

Donna Fackler - Church Administrator <u>Donna.fackler@westgroveumc.org</u>

Betsy Smith - Traditional Music Director Contemporary Music Interim Director Keyboardist

Betsy.smith@westgroveumc.org

Sandy Deckard—Handbell Choir Director davsan5@comcast.net

Jamie Lindtner - Youth Director Jamie.lindtner@westgroveumc.org

Tracy McLaughlin—Children's Morning Out Director <u>Tracy.mclaughlin@westgroveumc.org</u>

Maira Tena - Nursery Attendant

Board and Committee Leadership

Carol Whelan - Administrative Council Chair Gene Aucott - Trustee Chair Barbara Delaney - Finance Chair Scott Steele - Treasurer Sara Ann Ramberger - Financial Secretary David Delaney - Staff-Parish Relations Committee Chair Judy Gambill - Christian Education Susan Paisley - Faith Community Nurse Janice Bowers - Missions Team Chair Karen Hruz-Emergency Food Coordinator Don Hurst - Hospitality Committee Chair Cindy Haley - Delegate to Annual Conference Luke Chalmers- Delegate to Annual Conference Cindy Haley - Lay Leader Cindy Haley - U.M.W. President Pastor Shirley Daddario - Prayer Chain Coordinator Amy Castaldi - Nursery Coordinator John Gambill, Betty Mundell and Denise Byers Ad Council Member at Large